

IMPORTANT INFORMATION TO KEEP IN YOUR EMERGENCY DIABETES KIT

- Type of diabetes you have
- Other medical conditions, allergies, and previous surgeries
- Current medications, doses, and time you take them.
Include your pharmacy name, address and phone number
- A letter from your diabetes care team with a list of your most recent diabetes medications, if possible
- A copy of your most recent laboratory result, like A1C results
- Make, model and serial number of your insulin pump or CGM. Include pump manufacturer's phone number in case you need to replace your device
- Doctor's name, phone number, and address. And for your family, friends, and work. Include out-of-town contacts
- A copy of your health insurance card
- Previous diabetes medications you have taken
- A copy of your photo ID

