



WHY IS MY INSULIN REGIMEN BEING CHANGED/SWITCHED?

1

Why are insulin types switched during times of conflict/ natural disasters?

Insulin is essential for the survival of people with type 1 and some with type 2 diabetes. Due to shortages or lack of availability of certain types of insulin, medical professionals can safely switch insulin types temporarily to keep people with diabetes safe from the dangers of interrupting their access to insulin.

2

What else should be expected with the change in type of insulin?

Medical professionals may counsel people with diabetes to change the amount, the time of day, and frequency of their insulin. Your insulin type should be switched from a mealtime to a different mealtime insulin and from a basal to another form of basal insulin.



3

Anything else people with diabetes should know with insulin switching?

Checking and following blood glucose after the switch is essential. Also, following up with your healthcare team, staying hydrated, and understanding how to prevent and treat hypoglycemia and hyperglycemia is recommended.



Humanitarian healthcare teams are here to help you!



Always consult with your healthcare team for medical issues related to your diabetes care

iada
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for Diabetes Action

DEFA
DIABETES EDUCATION FOR ALL