



International
Diabetes
Federation

75 YEARS
1950 - 2025

Annual Report

2025



International Diabetes Federation

The [International Diabetes Federation \(IDF\)](#) is the global voice of the diabetes community. We are a non-profit umbrella organisation of over 250 national diabetes associations in 158 countries and territories, working together to improve the lives of the 589 million people estimated to be living with diabetes and prevent diabetes in those at risk. IDF is in official relations with the World Health Organization (WHO) and the Panamerican Health Organization (PAHO) and is associated with the Department of Public Information of the United Nations. As such, we contribute to global strategies for the prevention and treatment of diabetes to ensure optimal health outcomes.

Our vision

Access to affordable, quality diabetes care and education worldwide.

Our mission

Improve the lives of people living with diabetes and prevent diabetes in those at risk.



Over 250 members in 158 countries and territories



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Message from the President

Reflecting on 2025, I see our global diabetes community's fortitude and unity at work. We overcame challenges, seized new opportunities, and advanced the International Diabetes Federation's mission, showing that collective action drives real progress.

A defining moment was our [congress held in Bangkok](#) in April. We welcomed more than [6,800 participants from over 165 countries and territories](#), creating a truly global platform for exchange, collaboration and action. The Congress strengthened partnerships, showcased innovation and reinforced our commitment to reducing the impact of diabetes on individuals and health systems. It also marked the beginning of my official term working alongside the new IDF Board for 2025–2027, whose leadership and expertise will guide the Federation in the years ahead.

During our [75th anniversary](#) year, we positioned IDF to address the evolving global diabetes landscape by expanding our reach, reinforcing structures, and enhancing impact, all guided by our vision: to be in every policymaker's mind, every person with diabetes' pocket, and every professional's heart.

The scale and urgency of the challenge remains clear. According to our latest [Diabetes Atlas](#), launched at our congress in Bangkok, nearly 600 million people worldwide are living with diabetes, more than 40% of whom do not know they have the condition. The impact of diabetes continues to fall disproportionately on low- and middle-income countries. This reality reinforces the priority of early detection, prevention, and equitable access to quality care, while strengthening health systems to respond effectively.

Our advocacy efforts in 2025 helped shape the global health agenda. In collaboration with the World Health Organization and partners, we contributed to key international processes, including the [United Nations High-Level Meeting on non-communicable diseases](#). We responded to and helped shape the political declaration, calling for stronger, more accountable national commitments to diabetes prevention and care. We also reinforced our position through a unified call for a coordinated global response to diabetes and obesity, recognising the growing intersection between these conditions.

Progress at the global policy level was reflected in the inclusion of GLP-1 receptor agonists and rapid-acting insulins in the WHO Model List of Essential Medicines - an important step towards improving access to effective treatments. We played an active role in supporting and amplifying these developments, ensuring that the needs of people living with diabetes remain central to global health priorities.

Advancing clinical practice remained a priority in 2025. We launched new [global clinical practice recommendations](#) for the management of type 2 diabetes, providing healthcare professionals with up-to-date, practical guidance for patient care. We also expanded our focus on emerging areas by establishing new working groups on [technology and AI](#) and [type 5 diabetes](#). These initiatives help ensure that the Federation remains at the forefront of innovation and responsive to the evolving nature of diabetes and its related conditions.



In response to the increasing diabetes burden, we expanded our leadership role in education and capacity building. Through the [IDF School of Diabetes](#), in-person and online training and updated clinical guidance, we supported healthcare professionals in delivering high-quality care, particularly in low-resource settings. Targeted training workshops in Cambodia, Chad and Malawi, alongside expanded education initiatives in Laos through our collaboration with Sanofi's Global Health Unit, demonstrated the impact of practical, locally tailored approaches to improving care delivery.



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We also invested in knowledge exchange and professional development. Scientific exchange initiatives, including the third edition of our [Dialogue with Experts series in China](#), provided valuable opportunities to share best practices, strengthen regional collaboration, and accelerate the adoption of evidence-based care. These efforts reflected our commitment to fostering a connected and informed global diabetes community.

Promoting diabetes awareness and education in schools remained a central focus of our work. Through the [Kids and Diabetes in Schools \(KiDS\)](#) programme, which was revamped with new resources and a new visual identity, we promoted healthier environments, increased diabetes awareness and helped reduce stigma. By engaging schools, educators, and communities, we help lay the foundations for healthier future generations. KiDS has now reached more than 1 million students worldwide.

In November, we highlighted real experiences during [World Diabetes Day](#) and Diabetes Awareness Month, focusing on workplace challenges faced by people with diabetes. More than 40% of respondents to our survey reported negative treatment at work, such as discrimination or lack of support, and one in three considered leaving their jobs due to these challenges. These findings underscore the urgent need for more awareness, inclusion, and strong protections for people with diabetes.

2025 was also a year of growth and renewal. Alongside expanding our membership and diversity, we reinforced our role as the global voice for the diabetes community. Our growing network of members, partners and volunteers remained a key driver of our impact.

Celebrating 75 years of IDF offered an opportunity to reflect on our history and achievements. Marking this milestone with members, partners, and advocates highlighted the dedication and passion of our community and reminded us of our responsibility moving forward. Looking forward, we embarked on an ambitious programme of work to ensure that the Federation is best placed to further its mission and meet the needs of our community.

I would like to express my sincere appreciation to my colleagues on the Board, members, partners, volunteers and the wider diabetes community. Your commitment and collaboration continued to drive our progress and strengthened our ability to respond to one of the most pressing health challenges of our time.

Together, we are working for a future where all people, everywhere, have access to care, support, and opportunity - driven by our united efforts against diabetes.

[Professor Peter Schwarz](#)

President
International Diabetes Federation



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Celebrating 75 years

From a small group of visionaries to a global movement

In 2025, the International Diabetes Federation celebrated 75 years of transformative global leadership in advancing diabetes knowledge and research, strengthening global partnerships and mobilising action. Since our founding on 23 September 1950 in Amsterdam by 16 national diabetes associations, a bold vision has driven the Federation: to unite the global diabetes community and improve the lives of people living with diabetes.

Under the inspiring leadership of our first President, [Dr Robert Daniel Lawrence](#), we began building a network that flourished into one of the world's most influential voices on diabetes. Today, the Federation proudly represents organisations across [160 countries and territories](#), uniting healthcare professionals, researchers, advocates and people living with diabetes to champion progress in care, prevention and policy.

As we mark [75 years of progress](#), we honour the advocates, healthcare professionals, policymakers and people living with diabetes who have shaped our journey.

While progress has been made, the global burden of diabetes remains immense. The International Diabetes Federation remains dedicated to creating a world where all people with diabetes can live healthy and fulfilling lives, free from stigma and preventable complications.

With unity, innovation and advocacy at its heart, we will continue to lead global efforts against diabetes into the future.



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Celebrating 75 years

Milestones in our history

1952

First IDF Congress in Leiden, The Netherlands, establishing a global forum for scientific discussion.

1957



Official relations established with the World Health Organization, forming the foundation for global collaboration.

1982



The Federation is structured into seven global regions, amplifying local engagement and representation.

1991



IDF and WHO introduce World Diabetes Day to spotlight the increasing global impact of diabetes.

2000



The first Diabetes Atlas is published, setting baseline global data, and the Life for a Child programme is established to provide life-saving care for children with diabetes in low- and middle-income countries.

2006

World Diabetes Day is recognised as an official United Nations Day following the passage of UN Resolution 61/225, the first for a noncommunicable condition.

2011



IDF launches its Young Leaders in Diabetes programme to empower young people with diabetes to become advocates.

2013



IDF launches the Kids and Diabetes in Schools (KiDS) programme to promote diabetes education in schools.

2016



The IDF School of Diabetes is launched, offering accessible, accredited online education for healthcare professionals.

2022



IDF launches the Understanding Diabetes platform to provide online education for people with diabetes and their caregivers.

2024

IDF launches Fellowship Programme to cultivate global leadership in diabetes care and advocacy.

More information: idf.org/75years



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Increasing global recognition of IDF and diabetes

IDF 2025 Bangkok

Held every two years, the International Diabetes Federation Congress ranks as one of the largest global medical meetings. Participants from across the globe meet to learn about a broad range of diabetes issues, from the latest scientific advances to cutting-edge information on education, diabetes care, advocacy and awareness.



In April, the **IDF World Diabetes Congress 2025** in Bangkok, Thailand, delivered a dynamic, multidisciplinary scientific programme, structured across nine thematic streams over three days. Topics presented at the congress covered the full spectrum of diabetes research, care and policy. We were delighted to welcome **over 6,800 participants from more than 165 countries and territories.**

The programme featured **high-impact Special Sessions** addressing priority topics such as **diabetes in the elderly, weight management in diabetes, diabetes in the diaspora, and access to care.** Joint symposia with leading international organisations, including the **American Heart Association, European Society of Cardiology, European Association for the Study of Diabetes and the World Health Organization,** strengthened cross-sector collaboration and global dialogue.

The congress marked a **historic milestone,** celebrating **75 years of the International Diabetes Federation** and welcomed a new IDF Board led by **Professor Peter Schwarz.** The opening ceremony featured welcome addresses from IDF leadership and the Minister of Public Health, followed by a forward-looking session highlighting the importance of empowering the next generation and welcoming **IDF Young Leaders** to the stage.

Participants explored the latest scientific advances through an **extensive e-poster gallery** featuring **more than 1,600 presentations,** alongside IDF educational materials and clinical guidelines. The congress programme was accredited with **15.5 Continuing Medical Education (CME) credits.**

The **lived experience of people with diabetes** was integrated across all programme streams, reinforcing the importance of patient-centred approaches to prevention, care and complication management.

Learning and interaction were central to the congress experience. Participants engaged in a variety of dynamic formats, including **Meet-the-Expert sessions, panel discussions, debates and teaching lectures,** complementing traditional symposia.

Satellite symposia showcased the latest developments in diabetes research and management, while industry partners delivered engaging sessions and presentations across both dedicated sessions and the exhibition floor.



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The [IDF 2025 exhibition](#) created a vibrant hub for learning, collaboration, and networking, where participants could discover the grassroots work of [100 national diabetes associations](#) and network with peers in informal spaces designed for collaboration and exchange.

Together, these results qualify the congress as a premier global platform for advancing knowledge, collaboration and innovation in diabetes.

More information: idf2025.org



What participants said

“IDF 2025 was one of the best conferences that I have attended with lots of academic seminars and the arrangements were too good. It was one of the best of experiences with lots of memories and happy moments.”

“Excellent programme, diverse and addressing important and applicable topics. Highly relevant topics, many of which are under-addressed in other international conferences. Very useful practice points - especially management of women who live with diabetes, subtyping of diabetes, and diabetes in special situations.”

“It is a one-stop shop for everything diabetes - new information, new policies, research, people with lived experiences, and most importantly the access to NGOs in this space is unparalleled.”



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Increasing global recognition of IDF and diabetes

World Diabetes Day

Every 14 November, the world comes together for World Diabetes Day - the largest global diabetes awareness campaign - uniting over 1 billion people across more than 160 countries to spotlight the impact of diabetes and the importance of prevention, care and support.



Furthermore, to assess current levels of support provided to people with diabetes in the workplace, over 1,500 respondents completed our quiz, "How diabetes-friendly is your workplace?". The findings revealed that **47% of workplaces scored red**, revealing the need for employers to make more efforts to introduce policies that support diabetes management and create stigma-free workplaces.

In November, the global diabetes community mobilised around World Diabetes Day, **organising over 900 activities in 126 countries or territories**.

World Diabetes Day 2025 marked the final year of the two-year campaign theme 'Diabetes and Well-being,' with the call to 'Know more and do more for diabetes at work.'

The campaign focused on increasing workplace awareness of diabetes while underscoring the need for stronger support to address stigma and enable people with diabetes to thrive professionally. Our campaign emphasised that **7 in 10 people with diabetes are of working age**, meaning many must manage their condition in the workplace.

To inform the campaign and strengthen the evidence base on diabetes and work, we conducted **a global survey on workplace experiences**, collecting responses from **1,400 people living with diabetes across our seven regions**. The findings highlight persistent workplace barriers and the need for stronger support to help people manage diabetes at work.

1 in 5
reported negative treatment
at work due to diabetes.

1 in 10
have not disclosed their
condition to their employer.

1 in 5
feel uncomfortable checking
glucose at work, while 1 in 4 feel
uncomfortable administering
insulin there.

"Diabetes and professional life both demand constant attention, yet also give me the chance to support and inspire others. With the right systems, the challenges become part of a meaningful journey."

Anum,
living with type 1
diabetes since 1996



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World Diabetes Day

The diabetes community continued to amplify the call to prioritise well-being by sending letters to national health ministers, Permanent Missions to the United Nations in Geneva, and other key policymakers through our online tool. The letters urged governments to deliver on the WHO Global Diabetes Compact, meet coverage targets by 2030, and take immediate action to protect the physical and mental well-being of people with diabetes.

To mark [World Diabetes Day 2025](#), we brought together global experts and advocates for an online discussion on [diabetes and the workplace](#). The event explored how workplaces can better support people living with diabetes through [greater awareness](#), [inclusive policies and healthier working environments](#), helping ensure that no one is left behind at work.

On 14–16 November, IDF supported the [Global Parliamentary Advocacy Forum](#) in Valletta, Malta, organised by the Parliamentarians for Diabetes Global Network (PDGN). The event convened 60 policymakers, healthcare leaders, and global experts to advance legislative solutions to improve diabetes outcomes worldwide. A high-level panel featured IDF Vice President Dr Jackie Maalouf and IDF Blue Circle Voice Ana Alvarez Pagola, highlighting the importance of collaborative, patient-centred advocacy.

More information: worlddiabetesday.org



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Advocating globally for people with diabetes and those at risk

Global collaboration in tackling diabetes

Change happens when voices unite. Powered by a global network of advocates, our activities drive awareness, shape policy and advance action to improve lives and tackle the rise of type 2 diabetes.



In 2025, we continued to strengthen our leadership in global health advocacy, ensuring diabetes remains firmly positioned within the broader noncommunicable disease (NCD) and universal health coverage (UHC) agendas. Through sustained engagement with the World Health Organization (WHO), the Pan American Health Organization (PAHO) and multilateral partners, we advanced coordinated, evidence-informed policy dialogue to improve prevention, treatment and equitable access to care.

In January, we actively participated in the 156th session of the WHO Executive Board, supporting constituency statements aligned with accelerating progress toward the 2030 diabetes coverage targets.

At the 78th World Health Assembly (WHA) in Geneva, our representatives contributed to several high-level discussions on strengthening the global response to NCDs. In collaboration with the World Diabetes Foundation, we co-hosted a side event on digital health transformation in the NCD response, with over 80 participants onsite and more than 850 joining online. Discussions highlighted the potential of scalable digital health solutions to strengthen health systems and expand access to care, particularly in low-resource settings.

Collaboration with WHO also continued at the IDF World Diabetes Congress 2025, where joint sessions addressed key priorities, including the fourth anniversary of the Global Diabetes Compact and the dual burden of tuberculosis and diabetes.

Engagement with civil society partners was further strengthened at the Global NCD Alliance Forum in Kigali, Rwanda, in February, where we contributed to discussions on implementing the Global Diabetes Compact and mobilising action ahead of the Fourth United Nations High-Level Meeting on NCDs.

A dedicated dialogue on the WHO Regional Framework for the Africa Region was also convened at the NCD Forum in Kigali. These discussions highlighted progress towards the 2030 diabetes coverage targets, the strengthening of primary healthcare systems, and country-led initiatives driving tangible improvements in diabetes prevention and care.

At the UN High-Level Meeting on NCDs in September, our representatives contributed to key side events addressing equitable NCD prevention and diabetes care in humanitarian settings. Our President also delivered a plenary statement calling for sustained political commitment, accountability and accelerated action to address the growing global burden of NCDs.



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Advocating globally for people with diabetes and those at risk

Participation in international meetings

Cross-sector collaboration remained a cornerstone of our advocacy throughout the year. At the [IDF World Diabetes Congress 2025](#), we convened a panel session, in partnership with the World Diabetes Foundation, to address stronger national implementation of the [Global Diabetes Compact](#). A joint session with [Novo Nordisk](#) also explored policy and health system innovations to advance [equitable and affordable access to insulin worldwide](#).

We continued our close collaboration with the [NCD Alliance](#) and allied organisations, including co-signing advocacy letters to safeguard WHO leadership on the commercial determinants of health and reinforce strong global commitments ahead of the [UN High-Level Meeting on NCDs](#).

In partnership with the [International Society of Nephrology](#) and other stakeholders, we supported coordinated advocacy efforts that helped build momentum toward a [WHO Resolution on kidney disease](#) and called for kidney health to be reflected in global NCD commitments.

Our long-standing partnership with the [International Agency for the Prevention of Blindness \(IAPB\)](#) advanced in 2025. A key milestone was the release of a [Chinese translation of our joint policy brief on diabetes-related eye disease](#) and the importance of integrating eye health services into diabetes care systems.

Evidence-based advocacy and policy engagement

Throughout the year, we continued to underpin our advocacy efforts with [robust data and analysis](#). A global webinar presenting the updated [Diabetes Atlas estimates](#) equipped advocates with practical tools to support engagement in national policy processes.

Additional policy dialogues explored key issues, including the [links between diabetes and dementia](#), the implications of [ageing populations](#), and [occupational health](#). These discussions promoted a [life-course approach to diabetes prevention and care](#) and highlighted the importance of multisectoral action.



糖尿病视网膜病变： 全球行动倡议

国际防盲协会与国际糖尿病联盟政策简报



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Advocating globally for people with diabetes and those at risk

Digital and public advocacy engagement

Digital platforms continued to expand our global reach and amplify the voices of people living with diabetes. Through sustained collaboration, strategic partnerships and the engagement of advocates worldwide, we continued to mobilise collective action, influence global health policy and advance meaningful change for people living with diabetes.

In 2025, we organised:

6 

flagship online events

that attracted a total of 17,000 registrants and 6,000 live attendees.

12 

capacity-building sessions

for IDF Members and advocates.

More information:
idf.org/our-activities/advocacy/global-advocacy/



The hidden link: diabetes, dementia and ageing populations

Online event

22 September 2025
14:00-15:30 CEST



Women with Diabetes: Navigating Life's Stages & Driving Advocacy

Online event

7 March 2025
13:00-14:30 CET



Understanding the global impact of diabetes to drive policy

Online event

23 June 2025
14:00-15:15 CEST



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Empowering people living with diabetes

Advocacy Academy

Our Advocacy Academy trains and empowers people to become diabetes advocates who drive meaningful change for diabetes care and prevention. Blue Circle Voices, Young Leaders in Diabetes and Member associations actively spread our messages nationally and regionally to shape policy for better health outcomes.



In 2025, we continued to strengthen our [global advocacy network](#) through targeted capacity-building and peer engagement initiatives.

At the [IDF World Diabetes Congress in Bangkok](#), [59 Young Leaders in Diabetes](#) from the 2024–2026 cohort participated in leadership training designed to strengthen their [advocacy, collaboration and leadership skills](#).

A series of practical sessions were delivered covering [project planning, strategic communications, evidence-based advocacy and professional visibility](#), attracting more than [340 registrants](#) over the course of the year.

Digital engagement also remained strong. [A Blue Circle Talk](#) dedicated to women and diabetes and organised to mark International Women's Day attracted [more than 2,500 registrations](#), demonstrating continued global interest in dialogue and knowledge exchange on priority diabetes issues.

New Open Dialogue sessions – on topics such as [diabetes complications, peer support, rural diabetes advocacy and diabetes stigma in the workplace](#) - provided safe spaces for people living with diabetes to share experiences related to complications, peer support, rural advocacy and workplace stigma.



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Building Diabetes Care Expertise in Cambodia
IDF Workshop for Healthcare Professionals

ថ្ងៃសុក្រ ព្រឹក ខែចេត្រ ឆ្នាំពោឃ ឆស័ក ព.ស.២៥៦៨
សណ្ឋាគារ សុខា ភ្នំពេញ ថ្ងៃទី៤ ខែមេសា ឆ្នាំ២០២៥

ផ្តល់ដោយ
Endorsed by
The Ministry of Health, Cambodia

Sokha Phnom Penh Hotel, 4 April 2025

គាំទ្រដោយ
This initiative is supported by
Sanofi's Global Health Unit





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Building the evidence to inform the global response to diabetes

IDF Diabetes Atlas

A cornerstone of our work, the Diabetes Atlas delivers vital data on the global diabetes pandemic, tracking prevalence, diabetes-related mortality and health expenditure worldwide.



11th Edition in numbers:

255,000

website users



52,000

downloads of Diabetes Atlas resources



Key findings:

589m

adults living with diabetes

853m

adults with diabetes by 2050

3.4m

deaths due to diabetes in 2024

US\$ 1tn

dollars in health expenditure caused by diabetes in 2024

In 2025, we released the 11th edition of the [Diabetes Atlas](#), with updated global estimates of diabetes prevalence, mortality and related health spending.

The new edition introduced innovative data and practical tools to strengthen global understanding of diabetes and drive evidence-based advocacy. It features a new chapter on [diabetes-related complications](#) and includes an expanded analysis of [diabetes in adults aged 65 and over](#). Updated projections to 2050 provide a clearer picture of the future global impact of diabetes.

For the first time, the Diabetes Atlas reports [diabetes-related mortality separately for diagnosed and undiagnosed diabetes](#). It also includes expanded estimates on [prediabetes](#).

To improve accessibility, a new [Diabetes Atlas website and data portal were launched](#), providing easy access to global, regional and national data and a range of downloadable resources and visual tools.

More information: diabetesatlas.org



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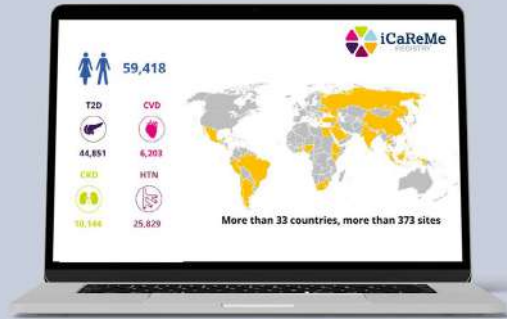
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Building the evidence to inform the global response to diabetes

Cardio-renal complications in type 2 diabetes

Cardiovascular and renal diseases are among the most serious complications of type 2 diabetes. Collecting data on prevalence, quality of care, and patient outcomes is essential to improve care and inform effective health policies.



The IDF Type 2 Diabetes and Cardiorenal Complications Programme promotes integrated care models and the use of clinical registries to generate real-world evidence.

A key component of the programme is the iCaReMe registry, an international observational study collecting data on diabetes and cardio-renal complications. With our support, the registry has expanded to 33 countries, strengthening global knowledge on diabetes-related complications.

In 2025, the programme established a network of iCaReMe Centres for Integrated Care, comprising six specialised clinical and academic centres that use the registry and serve as model sites for integrated diabetes care.

More information: idf.org/t2d-cardiorenal

iCaReMe in numbers

373 
healthcare professionals
have entered data on

59,418 
people with type 2 diabetes in

33 
countries.



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Increasing access to impactful diabetes education

IDF School of Diabetes

Education drives better diabetes care. Through accredited courses, workshops and support networks, we equip healthcare professionals to provide better care and achieve better health outcomes for people living with diabetes.



Established in 2016, our School of Diabetes provides healthcare professionals with accessible, evidence-based online education in diabetes management. In 2025, the platform continued to [expand its global reach and impact](#), strengthening its role as an online learning hub and equipping healthcare professionals with the knowledge and skills to improve diabetes care in their communities.

Strong uptake and positive learner feedback drove programme expansion, with key developments including:

- The launch of a [Portuguese-language online programme](#) that enabled 450 learners in Portuguese-speaking countries to access high-quality diabetes education, increasing reach and knowledge sharing across new regions.
- Expansion beyond digital learning with a [new face-to-face training project in the Lao PDR](#), where more than 200 healthcare professionals were trained, strengthening local capacity for diabetes care.

IDF School of Diabetes in numbers:

116,000 
HCPs registered

211 
countries reached across all programmes

IDF – Sanofi GHU Initiative

In 2024, IDF partnered with Sanofi's Global Health Unit (GHU) to deliver targeted, competency-based training for healthcare professionals in 40 countries and exceeded its goal of engaging 4,000 practitioners. Building on this momentum, the GHU initiative is well-positioned to expand its reach and deliver further measurable impact in 2026.

Global reach in 2025:

4,500+ 
HCPs registered

1,300+ 
HCPs trained

Cardiometabolic training partnership

Leveraging the proven success of this collaboration, IDF and Sanofi's GHU launched a new partnership with the [World Heart Federation \(WHF\)](#) in 2025. This partnership improves cardiovascular disease prevention and management by equipping primary care professionals with updated knowledge and resources to address the link between diabetes and CVD at the primary care level.

This collaboration underpins our commitment to [integrated care approaches](#) and demonstrates the growing recognition of IDF as a provider of [high-quality, scalable training programmes](#) for healthcare professionals worldwide.

More information: idfdiabeteschool.org



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Increasing access to impactful diabetes education

Dialogue with experts in China

In August, the [Connect to IDF Experts: 2025 Diabetes Academic Exchange](#) marked the third consecutive year of this educational initiative that connects healthcare professionals across China with global leaders in diabetes care.

Building on previous achievements, the [IDF School of Diabetes](#) delivered scientific sessions with global diabetes leaders across eight cities in China, reaching **110 physicians**. These sessions facilitated the sharing of expertise and best practices.

A high-level [IDF Scientific Exchange Tour in China](#) reinforced scientific engagement in the Western Pacific Region. The tour, led by [Prof Jonathan Shaw](#), brought together leading experts and institutions, advancing diabetes knowledge and strengthening regional collaboration.



Understanding Diabetes

The [Understanding Diabetes](#) platform was launched in 2022 to help people with diabetes acquire practical skills through online learning to better understand and manage their condition. In 2025, two interactive courses were made available in new languages:

- [Kidney Health and Diabetes](#) was launched in English
- [Nerve Health and Diabetes](#) was launched in Arabic, Portuguese and Bahasa Indonesia

Understanding Diabetes in numbers:

8 
interactive courses

157,000 
platform visits in 2025

211 
countries and territories reached

More information: [understandingdiabetes.org](https://www.understandingdiabetes.org)



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Increasing access to impactful diabetes education

New global guidance for type 2 diabetes care

In April, at IDF 2025 in Bangkok, we launched the [Global Clinical Practice Recommendations for the Management of Type 2 Diabetes](#), providing healthcare professionals with evidence-based guidance and adaptable care strategies to improve diabetes management worldwide.

The Clinical Practice Recommendations incorporate the latest evidence and advancements in diabetes care and provide [a structured yet adaptable framework that equips healthcare professionals with practical guidance](#) across diverse clinical settings. A key feature is their unique approach to distinguishing between optimal and basic-care strategies, allowing for context-specific adaptation while maintaining high standards of diabetes management. The recommendations also prioritise a person-centred approach, ensuring that care is aligned with the individual needs, preferences and circumstances of people living with diabetes.

More information:
idf.org/what-we-do/education/idf-clinical-practice-recommendations-for-type-2-diabetes-2025/

IDF Centres of Excellence in Diabetes Care

IDF Centres of Excellence deliver specialised, multidisciplinary care and education to support people living with diabetes in managing their condition and achieving better health outcomes. Teams of healthcare professionals work together to provide coordinated, patient-centred care. There are currently [27 Centres of Excellence across five IDF regions](#).

A new call for applications for the IDF Centres of Excellence opened at the end of 2025, expanding a global network of leading clinical and research institutions committed to improving diabetes care.

More information:
idf.org/centres-of-excellence



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Bringing diabetes education to the classroom

Kids and Diabetes in Schools (KiDS)

Early diabetes education promotes healthy lifestyles, challenges stigma and builds understanding for children living with diabetes - laying the foundation for a diabetes-free future.



Launched in 2013, the Kids and Diabetes in Schools (KiDS) programme aims to bring diabetes education into schools, **combat diabetes-related stigma, and promote healthy lifestyles** that address the preventable risk factors for type 2 diabetes.

Following a comprehensive review, **KiDS entered a new phase in 2025**. Key achievements included launching a **refreshed visual identity, a new website, and updated educational resources** at IDF 2025 in Bangkok. The revised materials, developed by multidisciplinary experts and long-standing partners, are now more engaging, practical, and adaptable to diverse local contexts.

The programme also introduced a **new Implementation Guide**, providing schools with structured lesson plans, interactive activities and impact assessment tools to facilitate consistent, high-quality diabetes education.

The new KiDS class plan was piloted by IDF Young Leaders in Diabetes in Portugal, providing useful feedback to ensure a more effective global roll-out.

Building on these efforts, **KiDS expanded its global reach throughout the year**. In Ghana, the programme was launched in collaboration with the Ministry of Health and Sanofi, marking **the first implementation in the Africa Region**. Notable outcomes included training over 100 teachers, who are now equipped to address diabetes risk factors, symptoms and daily management in their classrooms.

In the Republic of Korea, a **Memorandum of Understanding between the Korea Health Education Forum and Sanofi Korea** paved the way for national roll-out, embedding curriculum-aligned materials and reaching 50 secondary schools through pilot sessions that increased awareness and empathy among adolescents.

In India, **the Maharashtra pilot, in partnership with the Blue Circle Diabetes Foundation**, built on earlier initiatives in Goa and Uttar Pradesh, bringing diabetes education resources to over 500 students and teachers.

The year concluded with strong engagement at the 51st ISPAD Annual Conference in Montreal, where KiDS facilitated **the Special Interest Group for Diabetes in Schools (SIGDIS) workshop**, networked with international experts, and strengthened partnerships to advance the programme's growing momentum and global reach.

KiDS is an IDF programme undertaken in partnership with the International Society of Pediatric and Adolescent Diabetes (ISPAD) and supported by an educational grant from Sanofi.

KiDS in numbers:

1m
students reached

23
countries

20
languages

More information: kids.idf.org



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Community engagement activities

Our Individual Membership and Fellowship Programme uniquely connects a global community dedicated to advancing diabetes care. Members benefit from exclusive professional development, specialised education, meaningful networking, and distinctive opportunities to shape our global activities.



Individual membership

The Individual Membership programme brings together healthcare professionals, people living with diabetes and caregivers into a global, inclusive network committed to improving diabetes outcomes.

Key developments in 2025 included the launch of a [bi-monthly member bulletin](#), providing tailored updates, insights and opportunities, and the creation of a [dedicated online resource hub](#) with key materials on diabetes care, research and advocacy. These tools support members in their professional activities while strengthening engagement across our global community.

More information:
idf.org/get-involved/become-a-member/individual-membership/



Fellowship Programme

The title of [Fellow of the International Diabetes Federation \(IDF Fellow\)](#) recognises healthcare professionals with varying levels of experience working in diabetes care and research. The programme supports our mission by building a strong international network of professionals dedicated to advancing diabetes care worldwide.

The Fellowship Programme includes three categories:

- [Honorary Fellows](#) – individuals who have made exceptional contributions to the global diabetes community
- [Senior Fellows](#) – established leaders in diabetes care and research
- [Fellows](#) – mid-career healthcare professionals and researchers contributing to the advancement of the field

More information: idf.org/fellows

Interest in the programme continued to grow in 2025, with [more than 600 applications received from all IDF regions](#), highlighting increasing global engagement and recognition of Fellowship as a mark of leadership in diabetes.

IDF Fellows in numbers:

23 
Honorary Fellows

68 
Senior Fellows

175 
Fellows



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Africa

Progress in 2025 began with efforts to strengthen communication and coordination among members across the Africa region. As an initial step, a [WhatsApp group was created to connect all Africa members](#), enabling quicker information sharing, discussion of regional priorities, and coordination of activities. Building on this, an initial planning meeting was held to review key strategic objectives and identify ways to advance diabetes care and collaboration across the region.

A key focus of these discussions was [the development of a Regional Diabetes Registry](#). To support this effort, in November a registry template was circulated to all African members to gather country-level information that could guide future regional coordination. Responses are currently being compiled.

At the national level, progress is also evident. In [South Africa](#), planning began in 2025 for the country's first national Type 1 Diabetes Registry through collaborative workshops involving researchers, clinicians and policymakers. Meanwhile, [Ghana and Uganda have begun implementing digital diabetes registries](#) within primary healthcare systems, alongside screening programmes, patient education and community-based prevention initiatives. [Rwanda and Cameroon are also advancing registry systems](#) linked to electronic medical records.

Together, these developments signal a growing regional movement toward establishing national diabetes registries that could support future data sharing and regional surveillance networks. Efforts to expand outreach through social media are also being explored to strengthen engagement and information sharing.

Europe

In 2025, IDF Europe brought together policymakers, healthcare professionals, researchers and people living with diabetes to advance diabetes prevention, early detection and care across the region.

In December, IDF Europe hosted its [Expert Day in Brussels](#), convening key stakeholders to explore [how scientific advances and innovation can transform diabetes care](#). The event underscored links between diabetes, cardiovascular disease and kidney disease, and reinforced the need for early screening and integrated care.

Following this discussion, participants stressed the need to strengthen prevention strategies, address healthcare workforce shortages and ensure equitable access to treatments and technologies across Europe.

Extending its advocacy beyond Brussels, IDF Europe participated in the [Global Parliamentary Diabetes Advocacy Forum](#) in Malta. Parliamentarians and experts discussed policy solutions for diabetes. A key outcome was the [Valletta Call to Action](#), which urged governments to strengthen national diabetes strategies and prioritise prevention, early detection and access to care.

Furthering youth engagement, members of the [YOURAH network of young diabetes advocates](#) joined a Youth Policy Dialogue at the European Commission. They shared key priorities for the diabetes community, including reducing inequalities in access to care,

improving screening for complications, expanding psychological support, and increasing public awareness of diabetes.

In addition to advocacy initiatives, through the [MOVEUP project](#), IDF Europe is promoting adapted team sports, such as walking football and walking basketball, to increase physical activity among adults living with type 2 diabetes and cardiovascular disease. The initiative aims to reduce barriers to physical activity and support overall health and well-being.

IDF Europe also engaged in discussions about the European Commission's proposed [Critical Medicines Act](#), which aims to strengthen the EU's pharmaceutical supply chains and reduce medicine shortages. The organisation emphasised the importance of ensuring reliable access to essential diabetes treatments, including insulin, during implementation.

Across these efforts, a clear priority emerged: improving diabetes outcomes in Europe requires stronger prevention, better access to care and ongoing collaboration among stakeholders.





Middle East and North Africa

In 2025, the [Middle East and North Africa \(MENA\) region](#) advanced its strategic goals through collaboration and regional engagement. [Six thematic clusters](#) and [20 working group task forces](#) united experts to drive diabetes prevention, care and advocacy. Each cluster - [Advocacy, Research and Development, Healthcare Access, Prevention, Knowledge Exchange, and Education](#) - set specific, measurable priorities to achieve meaningful impact.

Key achievements included driving [National Diabetes Programme \(NDP\) engagements, World Diabetes Day events](#), and fostering youth advocacy. Research and innovation activities launched three studies and progressed two management innovations, reinforcing the region's commitment to effective diabetes solutions.

To improve access to healthcare and treatment, five access maps were developed, and three pharmaceutical partner negotiations were conducted. Prevention efforts delivered [six lifestyle interventions](#) and [five early-detection retinopathy programmes](#). Knowledge exchange included six regional webinars and four professional development workshops.

Education remained central, surpassing 1,000 trained [healthcare professionals and implementing eight therapeutic patient education programmes](#) across the region.

In September, the [IDF MENA Regional Meeting](#) provided an opportunity to showcase regional and global initiatives. Concurrent [NDP workshops in Saudi Arabia, Egypt, and Algeria](#) strengthened national coordination and implementation of the diabetes strategy.

Member associations led impactful country-level initiatives. Saudi Arabia's NDP workshop enhanced collaboration in diabetic foot care. Egypt expanded professional training and public awareness through the [Egyptian Society of Diabetic Foot](#). The [Qatar Diabetes Association](#) convened the event [Diabetes & Well-Being: A Holistic Approach to Health](#).

Regional workshops and training, such as the diabetic retinopathy workshop in Tunisia, further strengthened healthcare capacity by championing early detection and emphasising integrated eye care.

North America and Caribbean

In 2025, diabetes organisations across the [IDF North America and Caribbean \(NAC\) region](#) advanced diabetes prevention, education and care. These efforts included research, professional training and community outreach initiatives.

In the [United States](#), the [American Diabetes Association \(ADA\)](#) hosted its [85th Scientific Sessions in Chicago](#), bringing together thousands of clinicians, researchers and educators to share the latest scientific advances in diabetes prevention, treatment and technology. ADA also released the [Standards of Care in Diabetes 2025](#), a globally recognised set of evidence-based guidelines supporting healthcare professionals in delivering high-quality diabetes care.

Across the Caribbean, Member Associations remained active in raising awareness and promoting early detection. The [Diabetes Association of Jamaica](#) organised a [World Diabetes Day Health and Wellness Expo](#), offering screening services, educational sessions and public engagement activities to promote healthier lifestyles and improve awareness of diabetes risk.

Similarly, the [Belize Diabetes Association](#) advanced digital innovation by developing a [diabetes risk-assessment application](#), designed to help individuals evaluate their risk of developing diabetes and encourage preventive action.

Additionally, regional public health partners strengthened advocacy and awareness efforts. Caribbean health organisations promoted expanded [diabetes screening and prevention initiatives](#), highlighting the importance of early diagnosis, improved self-management and healthier environments to address the growing burden of diabetes across the region.

Together, these initiatives demonstrated the region's continued commitment to [research, innovation, community engagement and improved diabetes care](#).



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South and Central America

In 2025, the launch of the [IDF South and Central America \(SACA\) Diabetes Educator Profile](#) marked a key regional milestone. This consensus framework was developed by educators from [19 countries](#) and aims to strengthen diabetes education throughout the region. The framework outlines [core competencies, roles, skills and ethical principles](#) that guide diabetes educators and offers a unified regional standard for high-quality diabetes education and professional practice.

Across the region, diabetes organisations intensified efforts in prevention, education, and care. Professionals participated in training sessions, research initiatives expanded, and community outreach reached new audiences.

Members in [Argentina, Bolivia, Brazil, Chile, Colombia, Costa Rica, Ecuador, El Salvador, Guatemala, Mexico, Nicaragua, Paraguay, Peru, and the Dominican Republic](#) led awareness campaigns. They also organised scientific conferences and patient education programmes. These initiatives supported early diagnosis and enhanced diabetes management.

Several major diabetes congresses were organised across the region. These included the [Latin American Diabetes Congress \(ALAD\) in Peru](#), the [Brazilian Diabetes Society Congress in Rio de Janeiro](#), and educational congresses in [Mexico](#). These events strengthened scientific exchange and supported professional development. They also reinforced regional collaboration to advance diabetes prevention, treatment, and care.

Community outreach initiatives organised [screening campaigns, educational workshops, and family support programmes](#), including those for children and young people with type 1 diabetes. Public awareness efforts around [World Diabetes Day](#) were broadly implemented, focusing on prevention, healthy lifestyles, and early detection.

In [Brazil](#), diabetes organisations held public campaigns, educational events, and community initiatives, such as the “[Pedalada Azul](#),” to promote physical activity and diabetes awareness. In [Costa Rica](#), the [DiaVida Association](#) organised educational events, camps and workshops for people living with diabetes and their families, focusing on nutrition, self-management and early detection. In [Bolivia](#), [Vivir con Diabetes](#) led awareness campaigns and community education activities promoting prevention and self-care. In Cuba, the [Sociedad Cubana de Diabetes](#) coordinated national awareness and public education initiatives, highlighting prevention and healthy lifestyles. In [Ecuador](#), local diabetes organisations conducted foot health campaigns, media outreach and public awareness activities to prevent complications and improve early detection.

Patient-centred education expanded with programmes on [insulin management, carbohydrate counting, blood glucose self-monitoring, and diabetic foot care](#). Several associations advanced advocacy and public outreach, resulting in increased visibility of diabetes issues and strengthened calls for improved access to diabetes care and essential medicines.

South-East Asia

In 2025, activities across the [South-East Asia region](#) focused on [early diagnosis, prevention, patient education and strengthening care pathways](#), particularly in [India, Bangladesh and Sri Lanka](#). These efforts also raised awareness of [type 1 diabetes](#) and the importance of early, integrated care.

A [diabetes conference in the Maldives](#) brought together clinicians, researchers, educators and policymakers to share the latest evidence and innovations in diabetes care. The meeting highlighted new therapies, technologies and clinical guidelines, while fostering interdisciplinary learning, research collaboration and professional networking. Presentations also addressed patient-centred care, public health strategies and regional challenges in diabetes management.

To mark [World Diabetes Day](#), a physician-led [free diabetes screening and education camp](#) mobilised general practitioners and community members. This initiative emphasised the role of primary care in early detection and prevention. Accessible community screening helped raise awareness, enabled timely referrals and reduced delays in diagnosis.

Prevention efforts also targeted younger populations. In [India](#), a school-based awareness campaign led by a doctor, an educator and a dietitian promoted healthy eating and obesity prevention, reaching five schools in Ahmedabad and engaging students from Grades 1 to 5.



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Educational outreach was further supported through the [Diabetes Museum](#), which illustrates the evolution of diabetes knowledge - from early treatments to the discovery of insulin and modern technologies such as glucose monitoring, insulin pumps and digital health tools.

A World Diabetes Day camp involved [200 general physicians](#) and supported the screening of people with [undiagnosed or poorly controlled diabetes](#), enabling counselling and timely referrals. These initiatives highlight the value of [physician-led, primary care approaches](#) in strengthening early detection and prevention across the region.

Western Pacific

In 2025, the [IDF Western Pacific Region \(WPR\)](#) bolstered its leadership, governance and regional engagement. A successful leadership transition took place with the handover from [Professor Takashi Kadowaki \(Japan\)](#) as WPR Chair and the induction of a new Regional Board. To reinforce regional identity and align with IDF's global branding, a new [IDF WPR flag](#) was designed and unveiled during the [Regional Committee Meeting](#) at the [IDF Congress in Bangkok, Thailand](#).

Regional governance stayed active and collaborative. The Regional Board convened [three well-attended meetings](#) during the year and maintained regular communication with members to ensure continuity and coordinate regional initiatives.

Communication and knowledge sharing also expanded. The [regional newsletter](#) grew in scope and engagement. Three newsletter issues were published, doubling in length from four to eight pages as contributions from Members increased. [Four regional publications](#) contributed to advancing diabetes advocacy, research and policy dialogue across the region.

Preparations also continued for the [IDF-WPR Congress scheduled for August 2026 in Melbourne, Australia](#), which will further strengthen collaboration and knowledge exchange across the region.

Regional advocacy and research efforts continued to gain momentum. Strong participation in the [End Diabetes Stigma pledge](#) demonstrated a commitment to addressing discrimination faced by people living with diabetes. Uptake of the [IDF-WPR Diabetes and Disasters Guidelines](#) grew across the region, with translations underway to support wider implementation. These initiatives, alongside regional publications and advocacy efforts, reinforced WPR's role in advancing equitable diabetes care and strengthening health systems resilience.



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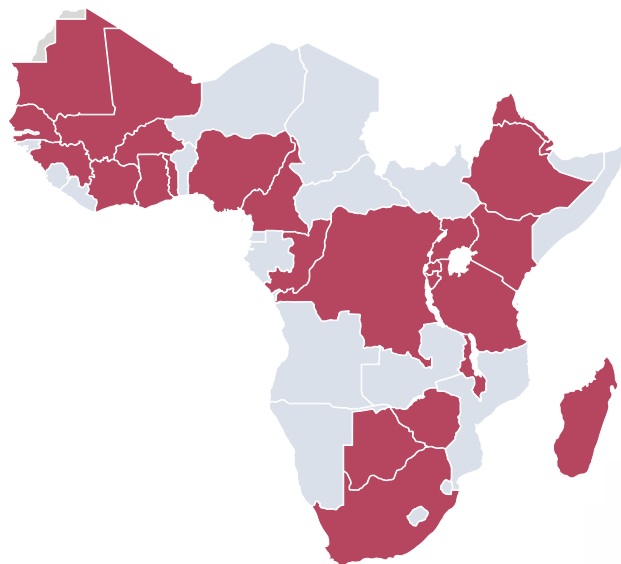
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Regions and members



Africa (AFR)

Regional Chair: Ms Elizabeth Denyoh, Ghana

Chair-elect: Dr Charley Elenga-Bongo, Republic of Congo

Botswana Diabetes Association of Botswana

Burkina Faso Association Burkinabe d'Aide aux Diabétiques

Burundi Association Burundian Diabetes Association

Cameroon Cameroon Diabetes Association

Congo Diabaction-Congo

Côte d'Ivoire Association des Diabétiques de Côte d'Ivoire; Association Obésité et Diabète de Côte d'Ivoire

Democratic Republic of the Congo Association des Diabétiques du Congo; Association Vaincre le Diabète au Congo

Eritrea Eritrean National Diabetic Association

Eswatini Diabetes Eswatini

Ethiopia Ethiopian Diabetes Association

Gambia Gambian Diabetes Association

Ghana National Diabetes Association

Guinea Association Guinéenne d'Education et d'Aide aux Diabétiques

Kenya Diabetes Kenya

Lesotho Lesotho Diabetes Association

Madagascar Association Malgache contre le Diabète

Mali Association Malienne de Lutte contre le Diabète

Mauritania Association Mauritanienne de Lutte Contre le Diabète; Association Stop Diabète en Mauritanie

Nigeria Diabetes Association of Nigeria

Rwanda Association Rwandaise des Diabétiques

Senegal Association Sénégalaise de Soutien aux Diabétiques

Seychelles Diabetic Society of Seychelles

South Africa Diabetes South Africa; Society for Endocrinology, Metabolism and Diabetes of South Africa

Togo Association Togolaise du Diabète

Uganda Uganda Diabetes Association

United Republic of Tanzania Diabetes Association of Zanzibar; Tanzania Diabetes Association

Zimbabwe Zimbabwe Diabetic Association



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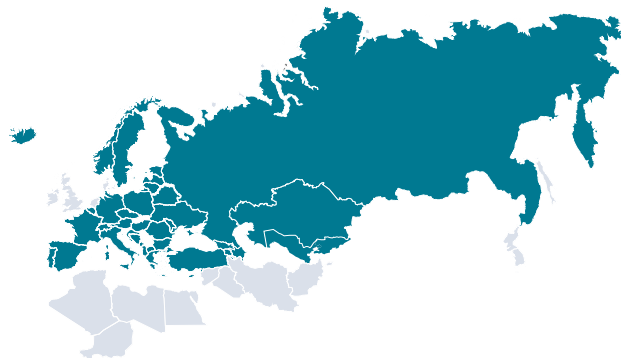
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Regions and members



Europe (EUR)

Regional Chair: Prof Tadej Battelino, Slovenia
Chair-elect: Prof João Raposo, Portugal

Albania	Albanian Diabetes Association	Finland	Finnish Diabetes Association
Armenia	Armenian Association of Diabetes	France	Fédération Française des Diabétiques
Austria	Österreichische Diabetes Gesellschaft	Georgia	Georgian Union of Diabetes and Endocrine Associations
Azerbaijan	Azerbaijan Diabetes League; Azerbaijan Diabetes Society	Germany	DiabetesDE
Belarus	Belarussian Humanitarian Organisation Children's Diabetes; Belarussian Society of Endocrinologists	Greece	Hellenic Diabetes Association; Hellenic Diabetes Federation; Panhellenic Federation of People with Diabetes
Belgium	Diabetes Liga	Hungary	Magyar Diabetes Tarsasag
Bosnia and Herzegovina	Society of Endocrinology and Diabetology in Bosnia and Herzegovina	Iceland	Diabetes Ísland
Bulgaria	Bulgarian Diabetes Association; Bulgarian Society of Endocrinology	Ireland	Diabetes Ireland
Croatia	Croatian Association for Diabetes and Metabolic Disorders; Hrvatski savez dijabetickih udruga	Israel	Israel Diabetes Association
Cyprus	Cyprus Association for People with Diabetes; Cyprus Diabetic Association	Italy	Associazione Italiana per la Difesa degli Interessi dei Diabetici; Associazione Medici Diabetologi; Associazione Nazionale Italiana Atleti Diabetici; FAND – Associazione Italiana Diabetici; Società Italiana di Diabetologia
Czechia	Ceska Diabetologicka Spolecnost; SVAZ Diabetikù České Republiky	Kazakhstan	Diabetes Association of the Republic of Kazakhstan; Association of Endocrinologists of Kazakhstan
Estonia	Estonian Diabetes Association	Kyrgyzstan	Diabetes and Endocrinological Association of Kyrgyzstan
Faroe Islands	Diabetesfelagið		



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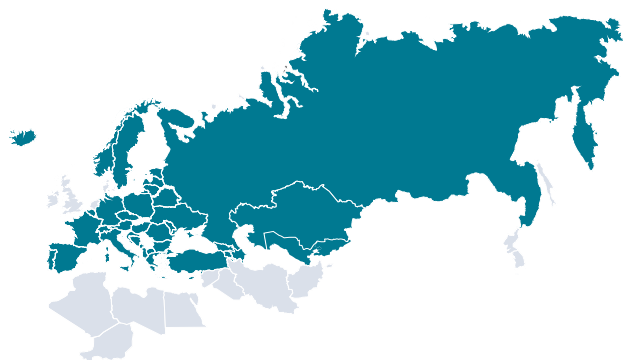
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Regions and members



Latvia	Latvian Diabetes Association; Latvian Diabetes Federation
Lithuania	Lithuanian Diabetes Association
Luxembourg	Association Luxembourgeoise du Diabète
Malta	Maltese Diabetes Association
North Macedonia	Macedonian Diabetes Association, Union of Associations of Persons with Diabetes of Macedonia
Norway	Norges Diabetesforbund
Republic of Moldova	Prodiab
Poland	Polskie Stowarzyszenie Diabetyków; Polskie Towarzystwo Diabetologiczne
Portugal	Associação Protectora dos Diabéticos de Portugal; Sociedade Portuguesa de Diabetologia
Romania	Federatia Romana de Diabet, Nutritie, Boli Metabolice; Societatea Romana de Diabet, Nutritie si Boli Metabolice
Serbia	Diabetes Association of Serbia

Slovakia	Diador; Slovenska Diabetologicka Spolocnost; ZVAZ Diabetikov Slovenska
Slovenia	Zveza Drustev Diabetikov Slovenije
Spain	Sociedad Española de Diabetes, Federación Española de Diabetes
Sweden	Svenska Diabetesförbundet; Swedish Society for Diabetology
Switzerland	Schweizerische Diabetes-Gesellschaft
Türkiye	Turkish Diabetes Association; Turkish Diabetes Foundation
Ukraine	International Diabetes Association of Ukraine; Ukrainian Diabetic Federation; Ukrainian Diabetology Association
United Kingdom	Diabetes UK
Uzbekistan	Endocrinological and Diabetes Association of Uzbekistan; Charity Association of Persons with Disabilities and People with Diabetes Mellitus



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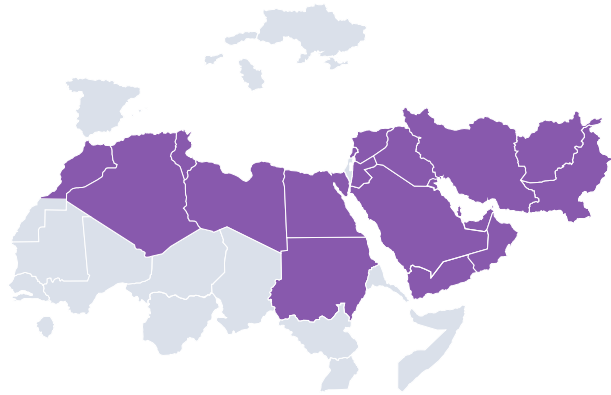
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Regions and members



Middle East and North Africa (MENA)

Regional Chair: Prof Mohamed Eltom, Sudan

Chair-elect: Prof Mesbah Kamel, Egypt

Afghanistan	Afghanistan Diabetes Association
Algeria	Setif Diabetes Association
Bahrain	Bahrain Diabetes Society
Egypt	Arabic Association for the Study of Diabetes & Metabolism; Egyptian Diabetes Association; Upper Egypt Diabetes Association
Iran	Gabric; Iranian Diabetes Society
Iraq	Iraqi Diabetes and Endocrine Association (IDEA)
Jordan	Jordanian Society for the Care of Diabetes
Kuwait	Kuwait Diabetes Society
Lebanon	Chronic Care Center; DiaLeb; Lebanese Diabetes Association
Libya	Libyan Diabetic Association; Libyan Pediatric Diabetes Society
Morocco	Ligue Marocaine de Lutte contre le Diabète
Oman	Oman Diabetes Society
Pakistan	Diabetic Association of Pakistan; Dilawar Hussain Foundation; National Association of Diabetes Educators of Pakistan; Pakistan Endocrine Society

Qatar	Qatar Diabetes Association
Saudi Arabia	Saudi Charitable Association of Diabetes; Saudi Diabetes and Endocrine Association; Saudi Society of Endocrinology & Metabolism; Sheffaa
State of Palestine	Diabetes Palestine
Sudan	Sudanese Diabetes Association
Syrian Arab Republic	Syrian Diabetes Association
Tunisia	Association of Endocrinologists-Diabetologists of Sfax
United Arab Emirates	Emirates Diabetes & Endocrine Society
Yemen	Yemen Diabetes Association



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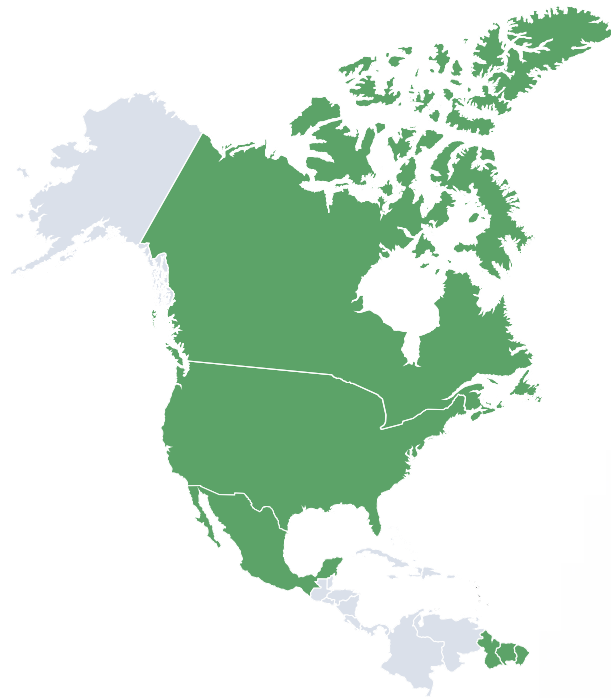
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Regions and members



North America and Caribbean (NAC)

Regional Chair: Ms Angelika Namdar, Suriname

Chair-elect: Dr Andrew Dhanoo, Trinidad and Tobago

Anguilla	Anguilla Diabetes Association
Antigua and Barbuda	Antigua and Barbuda Diabetes Association
Aruba	Aruba Diabetes Foundation
Barbados	The Diabetes and Hypertension Association of Barbados
Belize	Belize Diabetes Association
Bermuda	Bermuda Diabetes Association
British Virgin Islands	British Virgin Islands Diabetes Association
Cayman Islands	Cayman Islands Diabetes Association
Dominica	Dominica Diabetes Association
Grenada	Grenada Diabetes Association
Guyana	Guyana Diabetic Association
Haiti	Fondation Haïtienne du Diabète et des Maladies Cardiovasculaires
Jamaica	Diabetes Association of Jamaica
Montserrat	Montserrat Diabetes Association
Saint Kitts and Nevis	St Kitts Diabetes Association

Saint Lucia	St Lucia Diabetes and Hypertension Association
Sint Maarten	Diabetes Foundation of Sint Maarten
Suriname	Diabetes Vereniging Suriname
Trinidad and Tobago	Diabetes Association of Trinidad and Tobago
United States of America	American Diabetes Association



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South and Central America (SACA)

Regional Chair: Dr Pablo Arias, Argentina
Chair-elect: Dr Patricia Calero, Ecuador

Argentina	Asociación para el Cuidado de la Diabetes en Argentina; Federación Argentina de Diabetes; Liga Argentina de Protección al Diabético; Sociedad Argentina de Diabetes
Bolivia	Sociedad Boliviana de Endocrinología, Metabolismo y Nutrición; Vivir con Diabetes; Fundacion Departamental Daniels Hamant
Brazil	Associação de Diabetes Juvenil; Federação Nacional de Associações e Entidades de Diabetes; Instituto da Criança com Diabetes; Sociedade Brasileira de Diabetes
Chile	Sociedad Chilena de Endocrinología y Diabetes
Colombia	Asociacion Dia Vida; Federación Diabetológica Colombiana; Fundación Santandereana de Diabetes y Obesidad; Fundación Voces Diabetes Colombia
Costa Rica	Asociacion Dia Vida; Asociación Costarricense de Endocrinología (ASCEND)
Cuba	Sociedad Cubana de Diabetes
Dominican Republic	Instituto Nacional de Diabetes, Endocrinología y Nutrición; Sociedad Dominicana de Diabetes

Ecuador	Federación Ecuatoriana de Diabetes; Fundación Aprendiendo a Vivir con Diabetes; Fundación de Diabetes Juvenil del Ecuador; Fundación Los Fresnos “Casa de la Diabetes”
El Salvador	Asociación Salvadoreña de Diabetes
Guatemala	Patronato de Pacientes Diabéticos de Guatemala; Asociación Educación Médica en Salud
Honduras	Asociación Nacional de Diabeticos de Honduras; Fundación Creciendo con Diabetes
Mexico	Federación Mexicana de Diabetes Sociedad Mexicana de Nutrición y Endocrinología
Nicaragua	Asociación de Padres de Niños y Jovenes Diabeticos de Nicaragua; Fundación Nicaraguense para la Diabetes; Fundación Pro Ayuda a Enfermos Crónicos
Paraguay	Sociedad Paraguaya de Diabetología
Peru	Asociación de Diabetes del Peru; Asociación de Diabéticos Juveniles del Péru
Puerto Rico	Asociación Puertorriqueña de Educadores en Diabetes
Uruguay	Asociación de Diabéticos del Uruguay; Sociedad de Diabetología y Nutrición del Uruguay
Venezuela	Federación Nacional de Asociaciones y Unidades de Diabetes; Sociedad Venezolana de Endocrinología y Metabolismo



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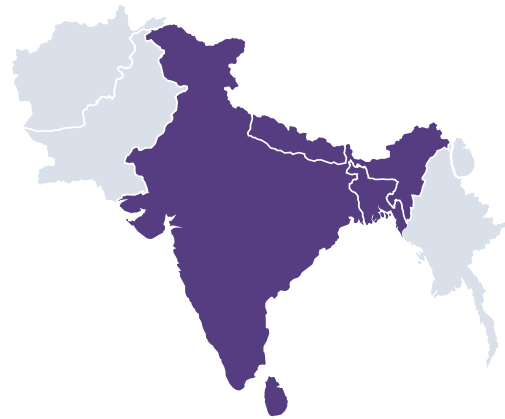
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South-East Asia (SEA)

Regional Chair: Dr Banshi Saboo, India

Chair-elect: Dr Manilka Sumanatilleke, Sri Lanka

Bangladesh	Diabetic Association of Bangladesh; Eminence; Faridpur Diabetic Association; Bangladesh Endocrine Society
India	Diabetic Association of India; Research Society for the Study of Diabetes in India; The Research Trust of DiabetesIndia
Maldives	Diabetes Society of Maldives
Mauritius	Diabetes Foundation Mauritius; Mauritius Diabetes Association
Nepal	Diabetes and Endocrine Association of Nepal; Nepal Diabetes Association
Sri Lanka	Diabetes Association of Sri Lanka



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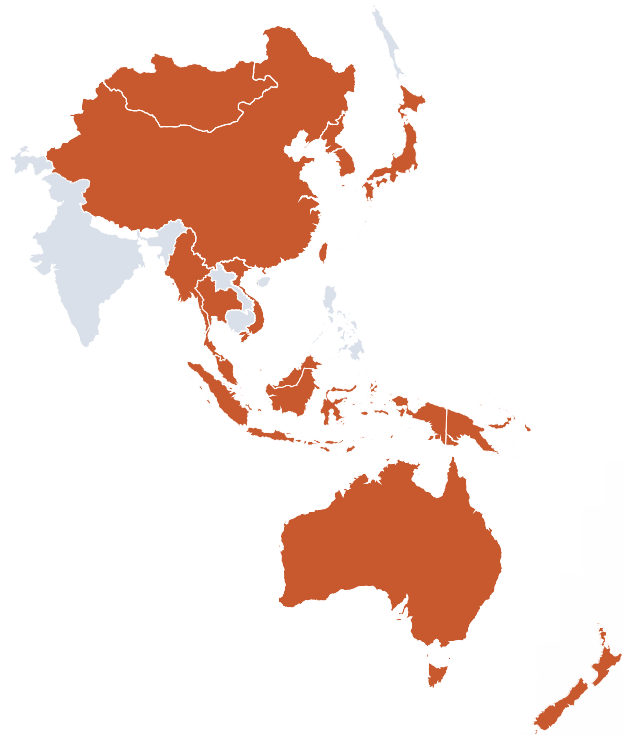
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Western Pacific (WP)

Regional Chair: Prof Alicia Jenkins, Australia

Chair-elect: Prof Weiping Jia, China

Australia	Diabetes Australia
Cambodia	Cambodian Diabetes Association
China	Chinese Diabetes Society
Hong Kong SAR, China	Diabetes Hongkong; Youth Diabetes Action; Hong Kong Society of Endocrinology, Metabolism and Reproduction
Macao SAR, China	Macau Diabetes Association
Taiwan, Province of China	Chinese Taipei Diabetes Association; Taiwanese Association of Diabetes Educators
Fiji	Diabetes Fiji
Indonesia	Persatuan Diabetes Indonesia
Japan	Japan Association for Diabetes Education and Care; Japan Diabetes Society
Malaysia	Diabetes Malaysia
Mongolia	Mongolian Diabetes Association
Myanmar	Myanmar Diabetes Association
New Zealand	Diabetes New Zealand
Papua New Guinea	Diabetic Association of Papua New Guinea

Philippines	Democratic People's Rep of Korea - Diabetes Committee of Hospitals Association of Korea; Diabetes Philippines; The Philippine College of Endocrinology
Republic of Korea	Korean Diabetes Association; Korean Diabetes Society
Singapore	Association of Diabetes Educators Singapore; Diabetes Singapore
Thailand	Diabetes Association of Thailand; Thai Association of Diabetes Educators
Tonga	Tonga Diabetes Association

Transnational Members

- Action4Diabetes
- Diabetes in Asia Study Group
- Direct Relief
- European Association for the Study of Diabetes (EASD)
- Breakthrough T1D
- Société Francophone du Diabète
- The Asian Association for the Study of Diabetes



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President

Prof Peter Schwarz, President, Germany

Dr Niti Pall, President-Elect, United Kingdom

Vice Presidents

Finance: Ms Lynette Valerio, Belize

Strategic governance: Prof Kim Donaghue, Australia

Prof Jacko Abodo, Côte d'Ivoire

Ms Erum Ghafoor, Pakistan

Ms Jane Giles, Australia

Dr Jackie Maalouf, Lebanon

Dr Hermelinda Pedrosa, Brazil

Mr Kyle Jacques Rose, France

Regional Chairs

Ms Elizabeth Denyoh, AFR

Prof Tadej Battelino, EUR

Prof Mohamed Eltom, MENA

Ms Angelika Namdar, NAC

Prof Pablo Arias, SACA

Dr Banshi Saboo, SEA

Prof Alicia Jenkins, WP

Honorary Presidents

Sir George Alberti, United Kingdom

Ms Maria de Alva, Mexico

Prof Pierre Lefèbvre, Belgium

Prof Paul Zimmet, Australia

Prof Martin Silink, Australia

Prof Jean Claude Mbanya, Cameroon

Sir Michael Hirst, United Kingdom

Honorary Members

Prof Thomas O Johnson, Nigeria

Prof Linda Siminerio, USA

Prof Azad Khan, Bangladesh

Mr Ronald McNeill Decker, Australia

Prof Michiel Krans, The Netherlands

Sir Alister McIntyre, Jamaica

Mr Brian Wentzell, Canada



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Committees and Working Groups

Committees

Audit and Risk Management Committee

Acting Chair: Mr François Seynaeve, Belgium

Dr Niti Pall, UK

Mr Chris Delicata, Malta

Ms Lynette Valerio, Belize

Diabetes in Youth

Co-chair: Mr Kyle Jacques Rose, France

Co-chair: Dr Jackie Maalouf, Lebanon

Ms Angelika Namdar, Suriname

Ms Elizabeth Denyoh, Ghana

Prof Alicia Jenkins, Australia

Ms Erum Ghafoor, Pakistan

Disaster Committee

Chair: Prof Alicia Jenkins, Australia

Dr Iryna Vlasenko, Ukraine

Ms Kelsey Grodzovsky, USA

Prof Mohamed Eltom, Sudan

Ms Elizabeth Denyoh, Ghana

Ms Erum Ghafoor, Pakistan

Dr Frank Brennan, Australia

Dr Ahmad Gabriel Lijteroff, Argentina

Dr Ahmed Abu Al Halaweh, Palestine

Finance

Acting Chair: Mr François Seynaeve, Belgium

Dr Niti Pall, UK

Ms Angelika Namdar, Suriname

Dr Banshi Saboo, India

Doha 2027 Congress Programme

Chair: Prof Jonathan Shaw, Australia

Co-chair: Dr Banshi Saboo, India

Co-chair: Mr Kyle Jacques Rose, France

IDF Diabetes Atlas

Co-chair: Prof Dianna Magliano, Australia

Co-chair: Prof Ed Boyko, USA

Nominating Committee

Deputy Chair: Ms Sharon Fraser, Belize

Dr Niti Pall, UK

Prof Fadlo Fraige, Brazil

Ms Ana Fernanda Sanchez, Ecuador

Prof Sehnaz Karadeniz, Turkey

Remuneration

Prof Peter Schwarz, Germany

Dr Niti Pall, UK

Mr François Seynaeve, Belgium

Strategic Governance

Acting Chair: Dr Niti Pall, UK

Ms Angelika Namdar, Suriname

Dr Jackie Maalouf, Lebanon

Dr Sanjay Agarwal, India

Dr Nurianne Arias, Aruba

Working Groups

Diabetes & Fasting

Chair: Prof Mohamed Hassanein, Qatar

Dr Daniela Koppold, Germany

Ms Erum Ghafoor, Pakistan

Education & School of Diabetes

Chair: Dr Amit Gupta, India

Dr Hermelinda Pedrosa, Brazil

Dr Pablo Arias, Argentina

Ms Erum Ghafoor, Pakistan

Prof Jacko Abodo, Côte d'Ivoire

Dr Alice Cheng, Canada

Dr Atul Kalhan, UK

Dr Leszek Zupriyank, Poland

Dr Sylvie Maalouf, Lebanon

Ms Betsy Rodriguez, USA



Committees and Working Groups

Obesity

Chair: Dr Brij Makkar, India

Physical Activity

Chair: Dr R.M. Anjana, India

Prevention of Obesity & Diabetes in Adolescents

Chair: Prof Inass Shaltout, Egypt

Prof Jacko Abodo, Côte d'Ivoire

Gestational Diabetes

Dr Viswanathan Mohan, India

Ms Jane Giles, Australia

Technology & AI

Chair: Dr Amit Dey, India

Dr Daphne Gardner, Singapore

Dr Denise Franco, Brazil

Dr Elaine Chow, Hong Kong

Dr Hossam Arafa Ghazi, Egypt

Dr Inge Van Boxelaer, Belgium

Dr Manoj Chawla, India

Dr Viral Shah, USA

Type 5 Diabetes

Chair: Dr Meredith Hawkins, USA

Co-chair: Prof Nihal Thomas, India

Dr Pablo Arias, Argentina

Prof Abdul Basit, Pakistan

Dr Jayanta Panda, India

Women & Diabetes

Chair: Dr Noor Al Busaidi, Oman

Dr Hermelinda Pedrosa, Brazil

Dr Jackie Maalouf, Lebanon

Ms Jane Giles, Australia

Ms Elizabeth Denyoh, Ghana

Dr Sana Ajmal, Pakistan

Prof Shabeen Naz, Pakistan

Dr Silvia Lapertosa, Argentina

Ms Elena Shelestova, Georgia



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IDF Centres of Excellence 2025-26

IDF Region	Institute	City	Country/territory
EUR	APDP, Associação Protectora dos Diabéticos de Portugal	Lisbon	Portugal
	Leicester Diabetes Centre, University of Leicester	Leicester	UK
	Mater Dei Hospital	Msida	Malta
	Vuk Vrhovac University Clinic for Diabetes, Endocrinology and Metabolic Diseases, Merkur University Hospital	Zagreb	Croatia
MENA	Baqai Institute of Diabetology & Endocrinology	Karachi	Pakistan
	Chronic Care Center	Baabda	Lebanon
	Dasman Diabetes Institute (DDI)	Kuwait	Kuwait
	Dr Khalid Edrees Specialized Medical Center	Jeddah	Saudi Arabia
	Dubai Diabetes Center, Dubai Health Authority	Dubai	United Arab Emirates
	The Specialist Diabetes Treatment & Research Centre, Imperial College London Diabetes Centre	Abu Dhabi	United Arab Emirates
SACA	ADJ Diabetes Brasil	Sao Paulo	Brazil
	Asociación Colombiana de Diabetes (ACD)	Bogota	Colombia
	Instituto da Criança com Diabetes (ICD)	Porto Alegre	Brazil
	Associação Nacional de Atenção ao Diabetes - ANAD	Sao Paulo	Brazil
	Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán	Mexico	Mexico
SEA	Chellaram Diabetes Institute	Pune	India
	Diabetic Association of Bangladesh (BADAS)	Dhaka	Bangladesh
	Dr Mohan's Diabetes Specialities Centre	Chennai	India
	Jothydev's Diabetes Research Centre (JDC)	Trivandrum	India
	M.V. Hospital for Diabetes & Prof. M. Viswanathan Diabetes Research Centre	Chennai	India
	Raheja Fortis Hospital of Diabetic Association of India	Mumbai	India
WP	Beijing Ruijing Diabetes Hospital	Beijing	China
	Diabetes Center, Taichung Veterans General Hospital	Taichung	Taiwan
	Faculty of Medicine Siriraj Hospital	Bangkok	Thailand
	The Chinese University of Hong Kong, Prince of Wales Hospital Diabetes Centre	Hong Kong	Hong Kong



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Financial Statements*

Profit & loss analysis (€)

TURNOVER	4,955,156
Membership fees	183,038
Corporate partnership	528,148
Projects	1,675,263
Congress	2,568,706
Other income	83,017
Total income	5,038,172
Goods and services	-3,901,999.37
Remunerations	-1,033,523.37
Depreciation	0.00
Provision for risks and charges	0.00
Other charges	-8,588.38
Financial income	7,788.99
Financial charges	-67,239.55
Total expenses	-5,003,562
Results before taxes	34,611

Balance Sheet (€)

FIXED ASSETS	150
Intangible assets	0
Tangible assets	0
Financial assets	150

CURRENT ASSETS	5,779,649
Amounts receivable within one year	647,233
Trade debtors	631,405
Other amounts receivable	15,828
Investments	4,371,003
Cash at bank and in hand	684,601
Deferred charges and accrued income	76,812

TOTAL ASSETS	5,779,800
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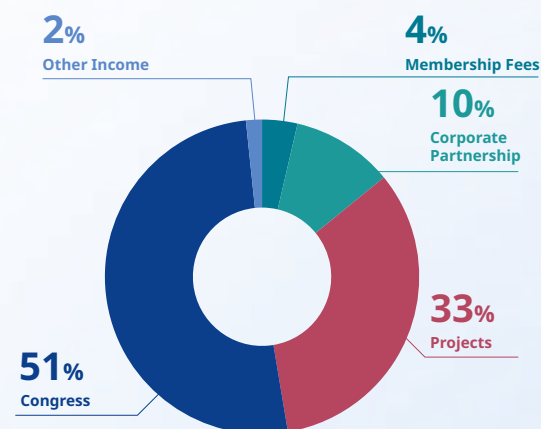
CAPITAL AND RESERVES	2,954,908
Designated funds	973,000
Profit carried forward	1,981,908

CREDITORS	2,824,891
Amounts payable within one year	2,700,108
Financial debts	1,000,000
Trade debts	175,386
Advance on contracts in progress	1,410,984
Taxes and remunerations	113,738
Other amounts payable	0
Accrued charges and deferred income	124,784

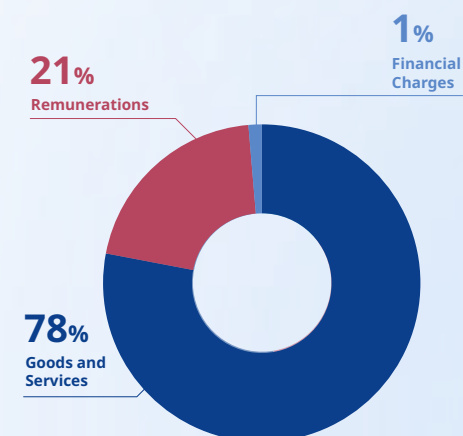
PROVISION AND DEFERRED TAXATION	0
Provision for liabilities and charges	0

TOTAL LIABILITIES	5,779,800
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2025 INCOME



2025 EXPENSES



*Subject to approval by the IDF General Assembly



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IDF Partners

At the International Diabetes Federation, we work hand in hand with responsible corporations and foundations to advance shared goals—improving the lives of people with diabetes and strengthening prevention efforts worldwide. Our partnerships are built on collaboration, where we align expertise, resources and ambition to create lasting impact together.

Using this collective approach, we co-develop initiatives that drive education, support early diagnosis and advocate for stronger, more equitable diabetes care systems. Together, we are shaping a more connected and resilient health ecosystem.

Our joint efforts come to life through global initiatives such as [World Diabetes Day \(WDD\)](#), where we unite to raise awareness at scale, and the [KiDS programme](#), which promotes healthier lifestyles and greater understanding of diabetes in schools. In education, we continue to expand access to knowledge through the [IDF School of Diabetes](#) for healthcare professionals and [Understanding Diabetes](#) for people living with diabetes and their carers—platforms that grow and evolve through ongoing collaboration. The [IDF Congress](#) further reflects this shared commitment, bringing partners and the global diabetes community together to exchange knowledge, influence policy, and accelerate solutions.

Together, we are not only addressing one of the world's most pressing health challenges—we are building the pathways to scale meaningful, sustainable change.

We are proud to collaborate with partners who share this vision and have contributed to advancing our joint advocacy, awareness and programme efforts in 2025.

Platinum Partners



Gold Partners



Partners



More information: idf.org/our-network/our-partners



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International Diabetes Federation

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