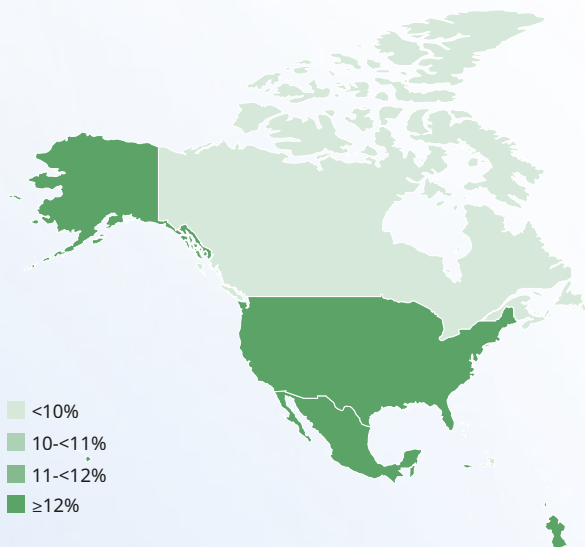




# Diabetes in North America and Caribbean - 2024



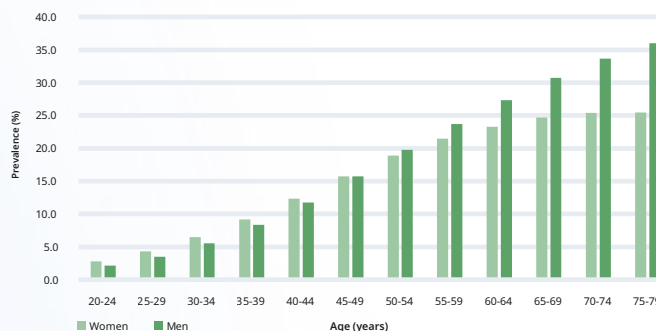
## Age-standardised prevalence (%) of diabetes (20-79 years)



## Highlights

- 1 in 7 adults have diabetes – 56 million.
- The Region has the second highest diabetes prevalence (15.1%) of all IDF Regions.
- 1 in 3 adults living with diabetes are undiagnosed.
- The Region has the highest diabetes-related expenditure (USD 439 billion), 43% of global expenditure.
- The Region has the highest proportion of diabetes-related mortality, 21.4%.
- The Region has the second highest number of people with type 1 diabetes – 1.9 million.
- The Region has the highest average cost per person with diabetes (20-79 years) – USD 7,811.
- 1 in 4 live births are affected by hyperglycaemia in pregnancy, the second highest prevalence among all IDF regions.

## Estimated prevalence (%) of diabetes by age and sex



## Top 5 countries

	2024	2050
Top five countries for age-standardised prevalence of adults with diabetes (20-79 years)		
Mexico	16.4%	18.0%
Guyana	16.4%	17.9%
Belize	14.1%	14.9%
St Kitts and Nevis	13.8%	15.8%
Suriname	13.8%	15.2%

## Adults with diabetes (20-79y)

2050 **68.1 Million**

2024 **56.2 Million**

**21% increase**

## Top 5 countries

	2024	2050
Top five countries for number of adults with diabetes (20-79 years)		
United States of America	39.0m	43.0m
Mexico*	14.0m	20.0m
Canada	2.8.0m	3.3m
Haiti	542.0t	884.0t
Jamaica	236.0t	329.0t

## At a glance

	2024	2050
Adult population (20-79 years)	373m	415m
Diabetes (20-79 years)		
Regional prevalence	15.1%	16.4%
Age-standardised prevalence	13.8%	15.3%
Number of people with diabetes (20-79 years)	56m	68m
Number of deaths due to diabetes (20-79 years)	526,000	
Healthcare expenditure due to diabetes (20-79 years)		
Total healthcare expenditure, USD	439b	446b
Impaired glucose tolerance (20-79 years)		
Regional prevalence	12.5%	13.3%
Age-standardised prevalence	11.6%	12.6%
Number of people with impaired glucose tolerance	47m	55m
Impaired fasting glucose (20-79 years)		
Regional prevalence	14.2%	14.8%
Age-standardised prevalence	13.6%	14.3%
Number of people with impaired glucose tolerance	53m	62m
Undiagnosed diabetes (20-79 years)		
Regional proportion	29.1%	
Number of people with undiagnosed diabetes	16m	
Type 1 diabetes (all age groups)		
Number of people with type 1 diabetes	1.9m	

t = thousand | m = million | b = billion

\*At the time of analysing the data for this edition, Mexico was included in the country listing for the IDF NAC Region. The country will be listed among the countries in the IDF SACA Region for future editions.





# Diabetes in North America and Caribbean - 2024



## North America and Caribbean

Country or territory	Adult population (20-79 y), 1,000s	Adults with diabetes (20-79 y), 1,000s	Diabetes prevalence (20-79 y), %	Diabetes age-standardised prevalence (20-79 y), %	Total diabetes health expenditure, (USD)	Cost per person with diabetes (20-79 y), USD	Diabetes-related deaths (20-79 y)	Type 1 diabetes (all age groups)	Proportion of undiagnosed diabetes (20-79 y), %	One in X adults (20-79 y) has diabetes
Antigua and Barbuda	69.4	8.6	12.5	11.6	8,573,690.0	992	86	71	24.5	8
Aruba	80.4	4.2	5.2	4.6			17	87	22.5	19
Bahamas	300.1	26.8	8.9	8.9	65,547,669.2	2,450	345	341	24.5	11
Barbados	209.1	34.4	16.4	13.2	40,285,229.1	1,172	405	229	23.8	6
Belize	262.9	31.4	12.0	14.1	24,864,109.2	792	308	391	41.9	8
Bermuda	48.3	8.1	16.7	13.4			38		26.4	6
Canada	29,115.3	2,822.1	9.7	7.7	13,737,322,842.5	4,868	23,140	243,390	28.9	10
Cayman Islands	54.2	6.2	11.4	11.1			34		26.4	9
Curaçao	142.5	22.1	15.5	13.4			185	115	24.5	6
Dominica	52.6	6.7	12.8	12.9	8,745,588.4	1,297	114		24.5	8
Grenada	84.7	9.4	11.1	11.3	10,818,602.7	1,152	115	93	24.5	9
Guyana	506.9	75.7	14.9	16.4	27,285,389.2	361	1,072	405	36.0	7
Haiti	6,904.2	541.8	7.9	8.5	130,843,628.5	241	6,684	4,536	29.4	13
Jamaica	2,036.9	235.6	11.6	12.5	203,389,462.0	863	3,622	1,658	24.3	9
Mexico	85,855.3	13,587.4	15.8	16.4	19,539,071,826.1	1,438	123,365	122,731	41.3	6
St Kitts and Nevis	34.7	5.0	14.5	13.8	5,552,250.8	1,103	72		24.5	7
St Lucia	134.0	15.2	11.3	11.4	14,195,630.9	934	209	143	24.5	9
St Vincent and the Grenadines	71.7	6.4	9.0	8.6	5,886,640.5	913	104	72	24.5	11
Suriname	403.2	53.2	13.2	13.8	64,544,131.8	1,213	611	514	39.6	8
Trinidad and Tobago	1,121.7	151.2	13.5	12.4	186,073,348.5	1,231	1,944	1,218	24.5	7
United States of America	245,525.2	38,536.4	15.7	13.7	404,530,587,452.5	10,497	363,427	1,476,859	24.8	6
US Virgin Islands	69.4	8.7	12.5	9.1			134	177	26.9	8